



**Hudsonville Community Education**

# **Summer Activities**

**2018**



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## **Important Registration Information**

Each class/activity lists a deadline for the end of registration in RED print. Please do not procrastinate as these deadlines must be final. Classes are organized and class lists are issued to the instructors based upon these deadlines. Thank you.

You may register online at [hudsonvillepublicschools.org](http://hudsonvillepublicschools.org), by mail, or in person.

Register online for immediate confirmation.

Payment must be made with registration.

We accept checks, cash, credit, and debit cards.

We are unable to accept telephone registrations.

Unless you hear from us, your child is automatically enrolled in the class/camp/session you requested. Please be sure to include your email address on the registration form and we will send you a confirmation.

All programs have enrollment minimums and maximums. Registration is on a first come, first serve basis. Hudsonville Community Education reserves the right to cancel classes due to insufficient enrollment. If a class is cancelled, participants will be notified as soon as possible and full refunds will be issued.

Hudsonville Community Education will issue refunds if your request is made at least seven (7) days in advance. Please check your schedule before registering.

**Questions? Please contact us: 669-1740, #3  
or visit us at [hudsonvillepublicschools.org](http://hudsonvillepublicschools.org)**

**Hudsonville Community Education  
3886 Van Buren  
Hudsonville, MI 49426  
Hours: Monday - Friday  
7:30 a.m. - 4:00 p.m.**

Hudsonville Public Schools does not discriminate on the basis of race, color, religion, sex, national origin, age, height, weight, marital status, handicap, disability, or limited English proficiency in any of its programs or activities. The following office has been designated to handle inquiries regarding the nondiscrimination policies:

Assistant Superintendent of Human Resources Hudsonville Public Schools, 3886 Van Buren, Hudsonville, MI 49426 (616) 669-1740.

# Registration Form

Payment must accompany all registrations. You can also register online at [hudsonvillepublicschools.org](http://hudsonvillepublicschools.org)

**Please make checks payable to:** Hudsonville Community Education

Checks may be mailed or dropped off in person. Our address is 3886 Van Buren, Hudsonville, MI 49426

**Confirmations will be emailed.** Consider all participants enrolled in selected programs. You will be notified if a class is filled or cancelled. Please be sure to mark your calendars!

Please fill out completely and clearly - Please print

## Participant Registration Form

Parent/Guardian: Last First Date

Primary Phone: Secondary Phone:

Address City Zip

Email (required to receive confirmation)

Program	Session	Participant's Name	Time	Grade	Date of Birth	Fee

You can also register online at [hudsonvillepublicschools.org](http://hudsonvillepublicschools.org)

### Waiver

Hudsonville Community Education or any of its employees associated with the following programs will not be held responsible for any injuries that might occur. Please realize that by participating in some of these programs there is a certain degree of risk, and injuries might occur.

Signature of parent/guardian Date

## Babysitting Classes

This one day class will cover such areas as: the responsibility of a babysitter in the care and feeding of children, basic childcare, ways to entertain children, safety procedures, and emergency preparation. Each student will receive a workbook and card indicating successful completion of the class. A short break will be provided, so please feel free to bring a snack.



**Location:** [HHS Room 101](#)  
5037 - 32nd Ave.  
Media Center

**Ages:** 9 - 13

**Cost:** \$25

**Instructor:** Jody Tuinstra

**Dates:** Saturday, June 9 **or** Monday, July 23

**Times:** 9:00 a.m. - 12:00 p.m.

**Class Size:** 25 students per class

**Deadline:** **June 8/July 20**

## Home Alone Class

Is your child ready to stay home alone, but you want to be confident he or she has the basic skills? This one day class teaches important principles for safety at home and in the community. We will cover: answering the door or phone, first aid, fire-safety rules, internet safety, gun safety rules, & stranger danger. Each student will receive a workbook and card indicating successful completion of the class. A short break will be provided, so please feel free to bring a snack.



**Location:** [HHS Room 101](#)  
5037 - 32nd Ave.  
Media Center

**Ages:** 9 - 13

**Cost:** \$25

**Instructor:** Jody Tuinstra

**Day:** Saturday

**Date:** June 9

**Times:** 12:30 p.m. - 3:30 p.m.

**Class Size:** 25 students per class

**Deadline:** **June 8**

## Guitar Clinic

The purpose of this clinic is to give beginning guitar players instruction from a professional, experienced guitar teacher. Clinic participants will learn a song, chords, exercises, and effective practice methods.

Participants should bring their guitar and a desire to learn.

**Location:** [Freshman Campus](#)  
3370 Allen St.  
Music Room

**Ages:** 8+

**Cost:** \$30 for both days

**Instructor:** Jordan Nederveld [codastudios.org](http://codastudios.org)

**Day:** Tuesdays

**Date:** June 12 & 19

**Times:** 10:00 a.m. - 11:00 p.m.

**Deadline:** **June 11**



## Boater Safety

Students will learn about the following:

- Legal Requirements
- Getting Underway
- Local Watercraft Regulations
- Navigation Rules
- All About Boats & First Aid
- Accident Prevention

Participants will acquire a certificate upon successful completion of the class. Please bring a pen, highlighter, and a sack lunch to class.

**Location:** [Ottawa County Services Building](#)  
3100 Port Sheldon, Hudsonville

**Ages:** 12+

**Cost:** \$10

**Day:** Saturday

**Date:** May 19

**Time:** 9:00 a.m. - 3:00 p.m.

**Deadline:** **May 18**





## DIY Camp 6th - 8th

This camp will allow your student to create fun things for their personal space and time! DIY camp is a project-based and hands-on program that lets kids get creative.



### Day 1- Bath Bombs

We will be making and molding our own bath bombs. Students will get to choose color and scents. The finished product will be ready to take home on day 2. This is also a recipe you can bring home.

### Day 2- Yarn and Balloon Lamps

Today students will be creating a lamp for their own personal space. Using just yarn and household glue, we can create an interesting hanging lamp. Our DIYers will be going home with a bulb fixture to complete their lamp. Like day 1, this project will be ready to take home after 24 hours.

### Day 3- Dream Catchers

If your student isn't well rested day 3, that's okay! Today's project should leave them with sweet dreams only. Using some very basic items, kids will see how creative they can be, by weaving a dream catcher.

### Day 4- Terrariums

Bring a little nature to your space with these DIY terrariums. We will be using simple mason jars, dirt, and gravel, but don't forget about the live plants! The best part is that these mini-ecosystems mostly take care of themselves.

**Location:** [HHS - Classroom #119](#)  
5037 - 32nd Ave.  
**Grades:** 6<sup>th</sup> - 8<sup>th</sup>  
**Cost:** \$45  
**Days:** Monday through Thursday  
**Dates:** June 18 - 21  
**Times:** 9 a.m. - 11 a.m.  
**Deadline:** **June 15**

## DIY Camp 3rd - 5th

DIY Camp is a 4-day project-based program that allows kids to create fun items that they can take home and enjoy. Our focus will be on discovery and imagination. We will create costume wear the students can bring home and play with, as well as learn about Native American culture while we make dream catchers. If your child likes to be hands-on, this is the camp for them!

### Day 1- Masquerade Masks

Already thinking about Halloween? Just like to dress up for fun? Today will be a blast! We will decorate our own masks. Let your imagination run wild, or maybe create your own superhero mask! It's your choice!

### Day 2- Succulents and Sand Art

Students will be able to bring home a bit of color and nature today. We will be designing our own succulent terrariums with colorful sand and real plants. These mini terrariums are perfect for beginners because they require very little water and a window sill.

### Day 3- Dream Catcher

Weave your own dream catcher to hang above your bed. On day 3, we will learn how to weave, tie and decorated Native American inspired dream catcher.

### Day 4- Chalkboard and Chalk

Paint your own chalkboard today, and make your own chalk to use on it! Students will get to pick out colors, mix and mold their chalk.



**Location:** [HHS - Classroom #119](#)  
5037 - 32nd Ave.  
**Grades:** 3<sup>rd</sup> - 5<sup>th</sup>  
**Cost:** \$45  
**Days:** Monday through Thursday  
**Dates:** June 25 - 28  
**Times:** 9 a.m. - 11 a.m.  
**Deadline:** **June 22**

## Science Camp 4th - 6th

Exploring and engaging in science at a young age is very important to developing critical thinking skills in the real world. In this four day adventure, students will explore the realms of chemistry, biology and physics as they create fun projects, and complete interesting labs.



### Day 1- How Clean is the School?

On day one, we will start off with discovering the common bacteria that is on surfaces that we encounter daily. We will collect and plate samples that students will observe as it grows throughout the week.

### Day 2- Color Changing Flower

Watch flowers drink up colorful water, and create a fun and vibrant bouquet while learning how plants work.

### Day 3- Rock Candy

Today, students will learn a little bit of chemistry while they make their own candy. We will witness chemical and physical changes as it forms a very tasty treat!

### Day 4- Glow in the Dark Lava Lamps

On the final day, we will explore physics and density while we make a unique glow in the dark lava lamp to take home.

**Location:** [HHS - Classroom #119](#)

5037 - 32nd Ave.

**Grades:** 4<sup>th</sup> - 6<sup>th</sup>

**Cost:** \$45

**Day:** Monday through Thursday

**Dates:** July 9 - 12

**Times:** 9 a.m. - 11 a.m.

**Deadline:** **July 6**

## Exploring Painting 6th - 8th

This art camp will give the students knowledge of popular techniques, and the freedom to explore what they learn. Each day will students get an introduction to the day's project, time to explore how the art works, and finally, they will design their own painting. Keep in mind, not every project will be ready to go home the day they are made, but every project will be ready by day 4. **Wear a t-shirt you can get paint on.**

### Day 1- Abstract Paint Pouring

Our first day will be the most unique. Paint pouring is exactly what it sounds like; we take a canvas and pour paint all over it! Students will learn common acrylic paint pouring techniques today. Each painting will be a one of a kind piece that will give students plenty of freedom to explore. Please note: this project takes 2 or 3 days to dry enough for the trip home.



### Day 2- Water Color Effects

Students will spend time experimenting with different watercolor textures. Students will see how adding things like salt and rubbing alcohol to the paint affect it. After discovering our favorite techniques, students will design their own piece.

### Day 3- Mixing Nature and Art

Many artists find inspiration out in nature. Today, we will explore the painting textures we can get from things like flowers, leaves, and grasses. Students will create their own "nature scene" with our pieces of nature.

### Day 4- Guided Painting

By the end of our final day, students will bring home a completed acrylic piece. They will learn how blending can really add interest and depth to their artwork.

**Location:** [HHS - Classroom #119](#)

5037 - 32nd Ave.

**Grades:** 6<sup>th</sup> - 8<sup>th</sup>

**Cost:** \$45

**Day:** Monday through Thursday

**Dates:** July 23 - 26

**Times:** 9 a.m. - 11 a.m.

**Deadline:** **July 20**

**\*\*Wear a t-shirt that you can get paint on\*\***

## Family Science Saturdays!

### June 23: Farm to Table: Patio Veggie Garden

Day one will focus on biology while families learn how to grow their own vegetables at home! On our first Saturday, we will be creating a small container garden to bring home and harvest from this summer. Today we will learn the basics of plant nutrition. One garden per family.

### June 30: Help Balance the Earth: Grow Caterpillars

Families will be adopting 2-3 butterfly caterpillars, and building homes for them. Within a short time, these guys will form a chrysalis and emerge as beautiful butterflies. We can help local pollination by giving them a safe place to live! One garden per family.



### July 14: Crystal Formation: Geode Creations

This Saturday we will learn a little bit of chemistry while we create cool “geodes” that can be displayed at home. We will learn a couple different ways to make crystals, and it’s something you can easily do at home again on a rainy day.

### July 21: Pressure Power: Pop Bottle Rocket Launch

Our final Saturday might be everyone’s favorite. Today we will be using chemistry and physics to demonstrate how pressure builds up and send things flying, literally! We suggest wearing clothes you don’t mind getting dirty.

**\*Please pre-register so we have plenty of supplies for everyone.**

- Location:** [HHS - North Parking Lot - Door P](#)  
5037 - 32nd Ave.
- Dates/Cost:** Pay for each Saturday individually or get all 4 for \$50 per family
  - June 23:** \$20 - per family
  - June 30:** \$20 - per family
  - July 14:** \$15 - per family
  - July 21:** \$10 - per family
- Time:** 10 a.m. - 11:30 a.m.

## Theater Essentials

In this summer camp, kids will learn the most essential parts of theater and drama. They will learn about character building, stage directions, improvisation, projection, and more! They will get comfortable with memorizing some lines, as well as improving a scene. The students will also play drama games to help them learn these theater skills.



Space is limited ~ register today!

- Location:** [HHS - Auditorium](#)  
5037 - 32nd Ave.
- Grades:** **A.M.** - 3<sup>rd</sup> - 5<sup>th</sup>  
**P.M.** - 6<sup>th</sup> - 8<sup>th</sup>
- Dates:** July 16 - 26 (8 days)
- Days:** Monday through Thursday
- Time:** **A.M.** - 9:00 - 11:30 a.m.  
**P.M.** - 12:30 - 3:00 p.m.
- Cost:** \$135 per 8 day session
- Deadline:** **July 12**

## Theater Production

In this summer camp kids will be putting on a play! Auditions will be on the first day. On day two, kids will start learning their lines, blocking for the show, and getting to know their castmates. As well as rehearsing for the show, the students will learn fun drama games and warm ups. Space is limited ~ register today!



- Location:** [HHS - Auditorium](#)  
5037 - 32nd Ave.
- Grades:** 6<sup>th</sup> - 8<sup>th</sup>
- Dates:** July 30 - August 16 (12 days)
- Days:** Monday through Thursday
- Time:** **A.M.** - 9:00 - 12:00 p.m.  
(choose one) **P.M.** - 1:00 - 4:00 p.m.
- Cost:** \$150 per 12 day session
- Deadline:** **July 9**

## Bricks 4 Kidz- LEGO® Engineering Camps

### Star & Galaxy Wars – Ages 6 - 11

In this Star Wars inspired Camp, your missions are NOT impossible! Using LEGO bricks, motors, and battery packs, join us everyday as we complete our training missions and earn our badges to ultimately become Jedi Knights! Help us as we train with our light sabers, build attack shuttles, satellites, millennium falcon and more. Join us as we complete our scavenger hunt missions, rescue citizens taken into another galaxy, and earn our badges to become Jedi Knights! Don't miss the fun and excitement of our fun Star Wars Space themed camp, where we learn, build and play with LEGO bricks!

**Days:** Monday through Thursday  
**Date:** July 30 - August 2  
**Time:** 9:00 a.m. - 12:00 p.m.  
**Cost:** \$138 includes backpack & minifigure  
**Location:** [Early Childhood Center](#) Room #23 & 24

### Transformers Transformations – Ages 6 - 11

Transformer lovers get ready to build and be amazed at the cool transformations that your model can do! Based on the popular Transformers robots, you will love the mash up of combination models that can be transformed into something different. These awesome models include transforming into robot vehicles and more! Follow the step-by-step building plan and ignite your inner engineer by using your imagination to transform your model into something unique. Join us for this fun-filled camp where you will use your creativity and engineering skills to build and transform!

**Days:** Monday through Thursday  
**Date:** July 30 - August 2  
**Time:** 1:00 p.m. - 4:00 p.m.  
**Cost:** \$138 includes backpack & minifigure  
**Location:** [Early Childhood Center](#) Room #23 & 24

### Animation Movie Making – Ages 9 - 12

Lights, cameras, LEGO action! Use LEGO bricks to tell YOUR story, complete with music, special effects, and all your favorite LEGO mini-figure characters! In this unique and creative camp, students will plan, script, stage, shoot, and produce their own mini-movie using **Stop Motion Animation**. Working as a team, students will use LEGO components to build the set and props, then shoot their movie using a digital camera. Teams will use movie-making software to add special effects, titles, credits, and more. When the movie is complete, campers will impress friends and family with a screening party on the last day of camp. Don't miss your chance to be in the movies!

**Days:** Monday through Friday  
**Date:** July 30 - August 3  
**Time:** 9:00 a.m. - 12:00 p.m.  
**Cost:** \$156 includes backpack & minifigure  
**Location:** [Early Childhood Center](#) Room #23 & 24

### Lego City Robotics Coding – Ages 8 - 12

Bricks 4 Kidz "City" Robotics camp offers all the fun of building with LEGO bricks, PLUS the challenge of coding what they build. In this fun, engaging, camp kids will learn, build, code, and play with robots built in a city. Kids will learn to use world-famous LEGO WeDo drag-and-drop icon-based computer software to program their robotic creations. This camp provides an introduction into the world of coding and robotics that will equip children to succeed in a technology-based marketplace.

**Days:** Monday through Thursday  
**Date:** July 30 - August 2  
**Time:** 1:00 p.m. - 4:00 p.m.  
**Cost:** \$150 includes backpack & minifigure  
**Location:** [Early Childhood Center](#) Room #23 & 24



[www.grbricks4kidz.com](http://www.grbricks4kidz.com)

The Early Childhood Center is located at  
5535 School Avenue, Hudsonville 49426

Please enter off of Madison St.



Bricks 4 Kidz® classes build on the universal popularity of LEGO® Bricks to deliver high quality, educational play. Every class is a fun, enriching experience for your child, building new projects using the classic bricks loved by generations of children.

## We Learn

Our trained, screened Bricks 4 Kidz teachers lead a discussion related to that day's model, using materials designed by educators to teach concepts across a variety of subject areas. Kids will learn about everything from gears, torque and friction, to robotics, space exploration, movie-making and MORE!

## We Build

Collaborating with a partner, kids experience the hands-on fun of model-building, from concept to completion. All of our proprietary model plans are created by Bricks 4 Kidz designers. You won't find them on the shelves at your local toy store!

## We Play

Free-play time rounds out the hour, giving kids an opportunity to develop and expand their creativity and imagination

## Graphic Novel Comic Creator – Ages 8 - 12

Pow! Wow! Screech! Who's your favorite graphic novel character? Who's your favorite LEGO mini-figure? Come create your very own graphic novel, in our Graphic Novel Comic Creator Camp! You'll have loads of fun creating your own or using your favorite characters to develop your graphic novel story, design your graphic novel book sets & backdrops and incorporate pictures of your sets, all designed with LEGO® bBricks! Using computers, software, cameras, & imagination, kids will have tons of fun in this camp. At the end of the week, campers will be provided with a printed & digital copy of the graphic novel book they created.

**Days:** Monday through Thursday  
**Date:** August 6 - 9  
**Time:** 9:00 a.m. - 12:00 p.m.  
**Cost:** \$144 includes backpack & minifigure  
**Location:** [Early Childhood Center](#) Room #23 & 24

## Video Game Design – Ages 8 - 12

Do you dream of designing your own games that you can play? In our Video Game Design Camp, campers will develop a range of coding and problem-solving skills as they create fun video games. Game designers will think creatively, reason systematically, and work to create their video games. Students will be proud and excited to actually play their very own completed video games!

**Days:** Monday through Thursday  
**Date:** August 6 - 9  
**Time:** 1:00 p.m. - 4:00 p.m.  
**Cost:** \$144 includes backpack & minifigure  
**Location:** [Early Childhood Center](#) Room #23 & 24

## Pokémon® Pocket Monsters – Ages 6 - 11

Your child loves LEGO bricks! Your child loves Pokeman! Now we are combining the two! Get ready for an adventure in the world of Pokémon®! Filled with lots of LEGO building of all things associated with Pokemon. Tap into your inner engineer as we build Treeko, Pikachu, Poké Balls, and more. Then we add LEGO motors & battery packs to our Pokeman builds! Come capture wild Pokémon® creatures as part of our fun games. Show off your skills as you battle for power in your journey through the Pokémon® universe. Do you have what it takes to become a Pokémon® Master? Kids take home a backpack, mini-fig activity book and their very own POKEBALL, plus other fun prizes.

**Days:** Monday through Thursday  
**Date:** August 6 - 9  
**Time:** 9:00 a.m. - 12:00 p.m.  
**Cost:** \$138 includes backpack & minifigure  
**Location:** [Early Childhood Center](#) Room #23 & 24

## Jr. Engineers Camp – Ages 4 – 7

Our theme "Planes, Trains, & Automobiles" is a mix of building working vehicles with LEGO bricks, tech bricks, motors and battery packs. Kids will learn to read model plans, build a variety of motorized and non-motorized models. Fun, yet educational, this camp will reinforce counting, number recognition, fine motor skills, and your vehicle lover will love building vehicles that really work!

**Days:** Monday through Thursday  
**Date:** August 6 - 9  
**Time:** 1:00 p.m. - 3:30 p.m.  
**Cost:** \$132 includes backpack & minifigure  
**Location:** [Early Childhood Center](#) Room #23 & 24

## Gymnastics, Cheer, Ninja, & Dance!

**Where:** [Horizon Kids Complex](#)  
6464 Center Industrial Dr., Jenison, MI 49428

**When:** Session 1: Weeks of June 11 - July 5, 2018  
Session 2: Weeks of July 9 - August 2, 2018

**Duration:** 45 minutes

**Questions:** Call Horizon Kids Complex at 669-7722



**Preschool Gymnastics** - Learn skills and have fun on age-appropriate equipment: trampoline, bars, beam, tumbling, plus spacial awareness along with motor skill development.

**Baby Bears** (18mo-2.5yrs) Monday - 9-9:30 a.m. or 6-6:30 p.m. ~ \$35 per session (parent assisted)  
**Bunnies** (2.5-3.5yrs) Monday - 9:30-10 a.m. or 6:30-7 p.m. ~ \$35 per session (parent assisted)  
**Wallabies** (3.5-4.5yrs) Monday - 10-10:45 a.m. or 5:15-6 p.m. ~ \$45 per session  
**Kangaroos** (4.5-5.5yrs) Monday - 10:45-11:40 a.m. or 5:15-6:10 p.m. ~ \$55 per session

**School Age Gymnastics** - Have fun and learn cartwheels, handstands, rolls, plus trampoline, bars, & beam skills.

### Kindergarten & up

Monday 9:30-10:25 a.m. or 4:15-5:25 p.m. or Tuesday 6:45-7:40 p.m. ~ \$55 per session

**Ninja Warrior Training** - Have a blast learning a combination of ninja obstacle courses, trampoline and tumbling, martial arts and street dance!

**Lil Ninjas** (3-5yrs) Monday 6-6:45 p.m. or Thursday 5-5:45 p.m. ~ \$45 per session  
**Ninjas** (6-13 yrs) Monday 5-5:55 p.m. or 6:45-7:40 p.m. or Thursday 5:45-6:40 p.m. ~ \$55 per session

**Cheer Tumbling** - Have fun learning skill progressions leading towards back walkovers, back handsprings and more!

**9-18 yrs** Monday 6:20-7:15 p.m. or 7:30-8:25p.m. ~ \$55 per session

**Dance** - Calling all budding princesses & ballerinas! Learn basic ballet techniques, make new friends & have fun!

**Tots n' Tutus** (2-3yrs) Thursday 5:30-6 p.m. ~ \$31 per session (parent assisted)  
**Gymnastics/Ballet Combo** (4-5yrs) Thursday 6-6:45 p.m. ~ \$43 per session

### **SUMMER TUESDAY CAMPS!**

**Ages 4-11 • Each Tuesday • 8:30 a.m. - 4:30 p.m. • \$35 per camp**

Each camp includes activities, crafts, and games related to the theme, plus open gym, morning & afternoon snack, and so much more! Please pack a sack lunch for your child. Full camp descriptions can be found on our website.

June 12: Star Wars!      June 19: Gymnastics      June 26: Mad Scientist  
July 3: Spy Kids      July 10: Ninja Warrior OR Barbie  
July 17: Enchanted Princess OR LEGO Mania  
July 24: NERF Wars OR American Girl Doll  
July 31: Hip Hop & Breakdance OR Superheroes

[www.horizonkidscomplex.com](http://www.horizonkidscomplex.com)

## Tennis Camps

This camp is for beginners and players who are just starting to develop their tennis skills. Players will be shown the proper way to stroke the tennis ball with an emphasis on fun, friendly competition.



**Needed:** Tennis racket, water bottle, and willingness to work hard and have fun!

**Location:** [Baldwin St. MS Tennis Courts](#)  
3835 Baldwin St.

**Instructors:** HPS Instructors

**Grades:** K - 9<sup>th</sup>

**Cost:** K - 5<sup>th</sup> - \$40  
6<sup>th</sup> - 9<sup>th</sup> - \$55

**Days:** Monday - Thursday

**Dates:** June 11 - 21 (8 days total)

**Times:** K - 5<sup>th</sup> - 9:00 a.m. - 10:00 a.m.  
6<sup>th</sup> - 9<sup>th</sup> - 10:00 a.m. - 11:30 a.m.

**Deadline:** **June 8**

One  
rainout day  
is factored  
into cost.

## Jr. Cheer Camp

This three-day clinic will introduce the exciting sport of cheerleading. Participants will learn cheers, chants, tumbling, stunting, jumps and kicks.

**Location:** [Baldwin St. MS Gym](#)  
3835 Baldwin St.

**Grades:** 1<sup>st</sup> - 6<sup>th</sup>

**Cost:** \$35

**Instructor:** Varsity Cheer Coaches

**Dates:** June 11 - 13

**Time:** 9 a.m. - 11 a.m.

**Deadline:** **June 8**



## USA Team Tennis League

Offered by the United States Tennis Association, in cooperation with World Team Tennis, the USA



Team Tennis league emphasizes fun, fitness, and friends for players of all ages and skill levels.

USA Team Tennis is a four-week program of team practice and match play for boys and girls, grades 7-12, who want to play tennis on teams. Teams are comprised of players of similar age and skill.

**Needed:** Tennis racket and water bottle - balls are provided  
(Junior size racket for younger players)

**Location:** [Freshman Campus Tennis Courts](#)  
3370 Allen St.

**Grades:** 7<sup>th</sup> - 9<sup>th</sup> - Advanced Skills Only  
10<sup>th</sup> - 12<sup>th</sup> - All Skill Levels

**Cost:** \$80 ~ includes t-shirt

**Instructor:** Paul Bentley

**Practices:** Tuesday, Wednesday, & Thursday

**Matches:** Fridays

**Dates:** **June 12 - 14**

**June 19 - 21**

**June 26 - 28**

**July 10 - 12**

**July 17 - 19**

**Practices:** 9:30 a.m. - 11:30 a.m.

**Matches:** **Fridays - June 15, 22, 29, July 13, 20**

Match times to be announced.

Parents will need to provide

transportation to local matches.

We will set up caravans.

**Deadline:** **June 11**

## Stunt Camp

This camp is for girls who have made the sideline cheer team or are interested in trying out for competitive cheer.

**Location:** [Baldwin St. MS Gym](#)  
3835 Baldwin St.

**Grades:** 7<sup>th</sup> - 12<sup>th</sup>

**Cost:** \$50

**Instructor:** Varsity Cheer Coaches

**Dates:** July 30 - August 2

**Time:** 9 a.m. - 11 a.m.

**Deadline:** **July 27**

## Softball Camp

### Participants will:

- Learn how to field and throw correctly
- Have daily batting, bunting, and fielding practice
- Learn activities to help make each participant a stronger player

### What to Bring:

- Softball glove
- Bat (optional)
- Cleats or tennis shoes



**Location:** [Varsity Softball Field](#) ~  
Baldwin St. Athletic Complex  
(field is northeast of the Varsity football field)

**Grades:** 2<sup>nd</sup> - 6<sup>th</sup>

**Cost:** \$35

**Instructors:** HHS Softball Coaches & Players

**Days:** Monday through Wednesday

**Time:** 9:30 a.m. - 11:30 a.m.

**Dates:** June 18 - 20

**Deadline:** **June 15**

## Olympic Fencing Camp

Take your first step in becoming an Olympian! For individuals with little or no fencing experience. By participating in various games, campers will have fun and become aquatinted with fencing stance, movement, strategies, and rules. All equipment is provided for this class.



**Location:** WMFA - [wmfa.org](http://wmfa.org)  
[1111 Godfrey SW, 49503](#)

**Ages:** 7 - 17

**Cost:** \$79 per session

**Instructor:** Mike Nemecek

**Days:** Tuesday through Thursday

**Dates/times:** June 19 - 21  
3:30 p.m. - 5:00 p.m.  
August 14 - 16  
1:00 p.m. - 2:30 p.m. **or**  
6:00 p.m. - 7:30 p.m.

**Deadline:** **June 18 & August 13**

## Baseball Clinics

### Clinic offerings:

• **June 11 - Defense**  
(throwing, fielding, ground & fly balls, pitching)

• **June 13 - Offense**  
(hitting, bunting, base running, sliding)

**What to bring:**

- Baseball glove
- Bat (optional)
- Hat & long pants
- Tennis shoes or rubber spikes



**Location:** [Varsity Baseball Field](#) at the  
Baldwin St. Athletic Complex  
(the field is north-east of the Varsity football field)

**Grades:** 1<sup>st</sup> - 6<sup>th</sup>

**Cost:** \$20 for each clinic

**Instructors:** HHS Baseball Coaches & Players

**Time:** 9:00 a.m. - 12:00 p.m.

**Dates:** June 11 - Defense  
June 13 - Offense

**Deadline:** **June 8**

## Lacrosse Camp

If you're interested in trying lacrosse or looking to improve your individual lacrosse skills, have fun, and meet new friends, then this camp is for you! Our camp is geared toward players of all ability levels from experienced players to beginners.



The lacrosse skills we will focus on are:

- Defense and Offense Plays (team and individual)
- Ground Balls • Dodging • Shooting
- Fast Breaks • Triangle Offense • Stick Skills
- Clears • Man Up, Man Down
- Face-Off, Wing Play, and Draws

**Location:** Freshman Campus Turf Field  
[3370 Allen St.](#)

**Grades:** 2<sup>nd</sup> - 8<sup>th</sup>- boys and girls

**Cost:** \$35

**Instructors:** HHS Lacrosse Coaches

**Days:** Tuesday, Wednesday, Thursday

**Dates:** June 12 - 14

**Time:** 6:00 p.m. - 8:00 p.m.

**Deadline:** **June 11**



## Soccer - Saturdays

Soccer classes at Soccer Buddies go beyond just teaching kids athletic and soccer skills. Our expert coaches use soccer as a tool to teach confidence, perseverance, teamwork – core values that will help your child thrive in any situation.

### Toddler Class: (15 mo. - 3 yrs)

This parent participation class uses fun games and activities to build confidence, motor skills, balance, coordination and more while your child kicks colorful balls and learns their colors. Socialization is also challenged by learning to share, take turns, and practice teamwork. Your child will also build their stamina and physical fitness in this class as the coach keeps it very high-energy, fast paced, and fun.

### Preschool Class: (4 yrs - 6 yrs)

We encourage independent thinking, following directions, and teamwork which will assist the child in preparation for school. We use a variety of props and age appropriate games to introduce the kids to group activities that stress active motor skill development and social interaction. This class is very high-paced and works on developing ball handling skills, coordination, and physical fitness.

### School Aged Class: (7 yrs - 12 yrs)

This class is the perfect environment for a child who has never played, yet challenging enough for a child who has played before. More fundamental soccer skills are introduced in this class. Confidence will soar while kids master certain skills. We will also develop speed and conditioning, as well as field awareness, technique, tactics, and more. Kids in this class will scrimmage for 20 minutes of every class. This class maximizes the touches the child will get on the ball by playing small-sided games with highly-skilled coaches guiding play in a positive atmosphere.

**Session 1:** Saturdays, June 2 - 23  
**Session 2:** Saturdays, July 7 - 28  
**Session 3:** Saturdays, August 4 - 25  
**Times:** 9:30 a.m. - Toddler & Preschool  
10:30 a.m. - Toddler & Preschool  
11:30 a.m. - School Age  
**Cost:** \$50 for 4 weeks  
**Where:** [Freshman Campus Turf Field](#)  
3370 Allen St.



## Soccer Day Camps

Kick off your Summer right with Soccer Buddies camps for kids ages 4 to 12 years old! Your child will have a blast at our outrageously FUN day camps! Kids get great exercise while parents get time to themselves with our drop-off camps. Our high-energy coaches will take your child on a roller coaster of FUN while we develop their soccer skills and their love for physical fitness.

**Location:** [SoccerZone](#)  
596 Baldwin St. - Behind Meijer  
**Ages:** 4 - 12  
**Cost:** Full week: \$150  
Per day: \$35  
**Times:** 9 a.m. - 12 p.m.  
**Days:** Monday through Friday  
**Dates:** June 18 - 22  
July 16 - 20  
**Deadlines:** **June 15/July 13**

## Jr. Golf Lessons

### **Beginner Lessons**

**Monday:** Grip, Stance, Setup, & Hit Range Balls  
**Tuesday:** Putting, Chipping & Drill Work  
**Wednesday:** Review, Range Work & Special Drills  
**Thursday:** Etiquette, & On Course Instruction

### **Intermediate Lessons**

**Monday:** Target Alignment, Swing Plane, & Hit Range Balls  
**Tuesday:** Advanced Putting & Chipping Drills  
**Wednesday:** Review, Range Work  
**Thursday:** On Course Instruction

**Location:** [Wallinwood Springs](#)  
8152 Weatherwax Dr., Jenison

**Instructor:** Tim Hartson  
**Ages:** **Beginner:** 7 - 15  
**Intermediate:** 9 - 17  
**\*Adult Intermediate:** 18+

**Cost:** \$65, includes gift

**Session 1:** **June 11 - 14**  
**Beginner:** 9:00 a.m. - 10:00 a.m.  
**Intermediate:** 10:30 a.m. - 11:30 a.m.  
**Session 2:** **June 25 - 28**  
**Beginner:** 9:00 a.m. - 10:00 a.m.  
**Beginner:** 10:30 a.m. - 11:30 a.m.  
**Session 3:** **July 9 - 12**  
**Beginner:** 6:00 p.m. - 7:00 p.m.  
**\*Adult Intermediate:** 7:30 p.m. - 8:30 p.m.



## Volleyball Camp

This clinic is great for beginners and experienced players. Your child will learn basic volleyball skills such as correct passing techniques, overhand passing, approaches, attacking, and serving.



Towards the end of the week, we will incorporate all of these skills into a day full of fun scrimmage play!

**Location:** [HHS Main Gym](#)  
5037 - 32nd Ave.

**Grades:** 1<sup>st</sup> - 8<sup>th</sup>

**Cost:** 1<sup>st</sup> - 5<sup>th</sup> - \$40  
6<sup>th</sup> - 8<sup>th</sup> - \$50

**Instructors:** Volleyball Coaches & HHS Players

**Times:** 1<sup>st</sup> - 5<sup>th</sup> 8:00 a.m. - 9:00 a.m.  
6<sup>th</sup> - 8<sup>th</sup> 9:00 a.m. - 10:30 a.m.

**Days:** Monday through Wednesday

**Dates:** June 18 - 20

**Deadlines:** **June 15**

## Girls Basketball

Players in grades K-5 will work on fundamentals, station work, games, and have competitions. End of the week scrimmages.



Players in grades 6-8 will have a more intensive camp that focuses on ball handling, and higher skill development. Scrimmages will end the session each day.

**Locations:** 3rd - 8th: [High School Gyms](#)  
5037 - 32nd Ave.  
K - 2<sup>nd</sup>: [Freshman Campus Gym](#)

**Grades:** K - 8<sup>th</sup>

**Cost:** \$45

**Instructor:** Casey Glass, Varsity Girls Coach

**Days:** Monday through Thursday

**Dates:** June 11 - 14

**Time:** K - 5 9:00 a.m. - 10:00 a.m.  
6<sup>th</sup> - 8<sup>th</sup> 10:00 a.m. - 11:15 a.m.

**Deadline:** **June 8**

## Hockey Camp

A great opportunity to fine tune your skills. One hour on-ice instruction and one hour off-ice. Camp will include drills to increase speed, stamina, puck handling, small games, and many other areas. Beginners to advanced players welcome. All mandatory ice hockey equipment required. Kids will be divided into groups by skill level.



**Location:** [Georgetown Ice Arena](#)  
4800 Bauer Rd.

**Grades:** 1<sup>st</sup> - 8<sup>th</sup>

**Cost:** \$125 includes jersey and t-shirt

**Instructors:** Varsity Coaches & HHS Players

**Times:** 4 p.m. - 6 p.m.

**Days:** Monday through Thursday

**Dates:** June 25 - 28

**Deadline:** **June 22**

## Boys Basketball

The purpose of these camps are to introduce the basics of basketball, improve fundamentals, and work on higher skill development for upper grades. Special emphasis will be given to shooting, ball handling, and passing.



**Location:** [HHS Main & Aux Gym](#)  
5037 - 32nd Ave.

**Grades:** K - 8<sup>th</sup>

**Cost:** K - 4<sup>th</sup> - \$45  
5<sup>th</sup> - 6<sup>th</sup> - \$55  
7<sup>th</sup> - 8<sup>th</sup> - \$65

**Instructors:** HHS Basketball Coaching Staff

**Days:** Monday through Thursday

**Dates:** June 25 - 28

**Times:** **K - 4<sup>th</sup>**  
9:00 a.m. - 10:00 a.m.  
**5<sup>th</sup> & 6<sup>th</sup>**  
10:15 a.m. - 11:45 a.m.  
**7<sup>th</sup> & 8<sup>th</sup>**  
11:45 a.m. - 1:45 p.m.

**Deadline:** **June 22**

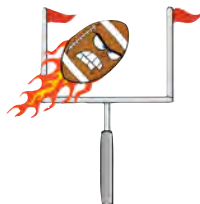
Register online at [hudsonvillepublicschools.org](http://hudsonvillepublicschools.org)

## Youth Football Showcase Camp

New format! Athletes will work directly with the Hudsonville football staff, players, and youth coaches on skills needed to become the next generation of Hudsonville Eagle football players!

This camp will include:

- Essential offensive & defensive skills
- A punt, pass, and kick competition
- Grade level contests and games
- Under the lights on the varsity field!



**Camp is FREE if your son is in the HYF league.**

**Location:** [Eagle Stadium](#) - Baldwin Street MS  
**Grades:** 3<sup>rd</sup> - 8<sup>th</sup>  
**Cost:** \$40 (or FREE if in the HYF league)  
**Times:** 3<sup>rd</sup> - 6<sup>th</sup> - 6 p.m. - 7 p.m.  
7<sup>th</sup> - 8<sup>th</sup> - 7:15 p.m. - 8:15 p.m.  
**Days:** Monday through Wednesday  
**Date:** July 23 - 25  
**Deadline:** **July 23**

## High School Football Camps

These skills camps will help players to strengthen the team bond by getting to know one another and the coaches before the official start of the season.

**All offensive and defensive players are to attend.**

**NEW - May Camp:** Focus will be on passing game and pass defense along with competitions for lineman. Helmets will be issued at this camp.

**Offensive players will be working on:**

•quarterbacks •running •receivers •line skills  
Emphasis will be placed on teaching offensive skills, the passing, and running game.

**Defensive players will be developing skills used on the defensive line.** •linebackers •defensive backs

**No equipment is needed, but football shoes are recommended. Helmets will be issued on May 30.**

**Location:** [Eagle Stadium Practice Field](#)  
Baldwin Street Middle School  
**Grades:** 9<sup>th</sup> - 12<sup>th</sup>  
**Cost:** \$50 for all 3 camps  
**Instructors:** HHS Eagles Football Coaching Staff  
**Times:** **Camp 1:** 6 p.m. - 8 p.m.  
**Camp 2:** 8 a.m. - 1 p.m.  
**Dates:** **Camp 1:** May 30 & 31  
**Camp 2:** July 9, 10, 11, July 23, 24, 25

## Tae Kwon Do

In our classes, we foster the principles of respect, patience, confidence, self-discipline, perseverance, and an indomitable spirit. Our professional, yet family-friendly environment is accessible to all regardless of ability or previous experience. Whether you are looking for weight loss, self-discipline, stress relief, self-defense, or a great workout, you will find it in our classes. This class is offered throughout the school year so you may register for another session after this one concludes.



**Location:** [Early Childhood Center](#)  
5037 - 32nd Ave.  
**Ages:** 8 - Adult  
**Cost:** **June:** \$24 **August:** \$30  
**Instructor:** Anthony Kim, 2<sup>nd</sup> Degree Black Belt  
**Day:** Thursday  
**Dates:** June 7 - 28 - JULY OFF - August 2 - 30  
**Times:** 6:00 - 8:00 p.m. - All belts welcome  
8:00 - 9:00 p.m. - Green belt & up  
**Deadlines:** **June 6 & August 1**

## Detroit Lions Youth Camp

Learn the fundamentals of football on offense, defense, special teams, and emphasis on USA Football's Heads Up Tackling through four days of quality instruction! Skills contest and scrimmages.



Non-contact camp designed to improve a child's beginning, intermediate, or advanced skills

Conducted by Chris Fritzsching, Director of Detroit Lions Youth Football Education, and the Detroit Lions Summer Football Camp Coaching Staff.

**Location:** [Hudsonville Eagle Stadium](#)  
Baldwin Street Middle School  
**Ages:** 6 - 14 - Limited to 70 campers.  
**Cost:** \$189 - cost includes Lions Camp t-shirt, appearance by a current or former Lions player & 2 tickets to a 2018 Detroit Lions home pre-season game!  
**Instructors:** Detroit Lions Summer Football Camp Coaching Staff  
**Times:** 8:30 a.m. - 12:00 p.m.  
**Dates:** June 25 - 28, 2018

**Register today at [DetroitLions.com/YouthFootball](http://DetroitLions.com/YouthFootball) or call (313) 262-2248**

## Pool Rules

### Hudsonville High School Instructional Pool 5037 - 32<sup>nd</sup> Avenue

**\*Instructional Pool will be closed  
July 20 - August 5, for yearly maintenance.**

**\*Competition pool will be closed  
August 4 - 14, for yearly maintenance.**

•We will not accept responsibility for any valuables. Please do not bring them.

•Rule 66/Any swimmer 6 years or younger must be accompanied by an adult 18 years or older in the pool. Swimmers 6th grade or younger must be accompanied by an adult 18 years or older on the pool deck.

•No back dives off the diving boards.

•Bathing suits only - no cutoffs, shorts, t-shirts etc.

•No glass bottles or jars in the pool or locker room.

•Flotation devices or "swimmies" are not allowed, except U.S. Coast Guard approved life vests.

•No person with open sores, bandages, or rashes will be admitted to the pool.

•Swimmers must shower before entering the pool.

•Everyone must obey the lifeguards.

•Diving blocks are not to be used during open swims.

•The lifeguards are in charge. If they deem a behavior unsafe, they have the right to ask people to stop and/or leave the school grounds.

•The schedule includes approximate times/dates and any closings will be posted at the pool. Such examples of closings could be: Circumstances beyond our control, contamination of the pool, weather conditions, swim meets.

## Open Swim Schedule

Children grade 6 and under must be accompanied by someone 18 years of age or older. Children age 6 and under must be accompanied in the pool by an adult. Infants must wear cloth diapers with tight fitting plastic pants or a swimsuit diaper.

**Cost:** \$2.50 per person  
\$8.00 family rate\*  
\*immediate members only please

**When:** Monday through Wednesday

**Time:** 12 p.m. - 2 p.m.

## Lap Swim Schedule

Looking for a great way to exercise? Why not swim laps? Swimming is an excellent way to burn calories, tone muscle, and relieve stress without overexerting your joints.

**Passes can be purchased at the pool.**

**Pass Prices:** FREE - Seniors 60+  
\$40.00 - Resident  
Each pass is good for 20 visits.

**Drop In:** \$2.50 per visit

**Where:** [High School Instructional Pool](#)

**When:** Monday - Wednesday - Friday

**Time:** 5:30 a.m. - 7:00 a.m.

**When:** Tuesday & Thursday

**Time:** 6 p.m. - 7 p.m.

## Water Aerobics

**Location:** [High School Instructional Pool](#)  
5037 - 32<sup>nd</sup> Avenue

**Cost per visit:** \$2 for adults 60+  
\$4 for adults 59 and younger  
Passes may be purchased for \$15 for 10 visits for adults 60 and older \$30 for those 59 and younger

**Dates:** June 11 - 29  
August 13 - 31

**Day:** Monday/Wednesday/Friday

**Times:** 8:00 a.m. - 9:00 a.m.

**Day:** Tuesday/Thursday

**Times:** 7:10 p.m. - 8:10 p.m.



## Learn to Swim Information

It is our hope that each child learns swimming technique, safety, and comfort at Hudsonville Swim Lessons. Swimmers passing to the next level must complete certain objectives for each specific lesson grouping. For this reason, some children may repeat some levels more than once; this progression promotes proficiency. Our Instructors understand that children learn in different ways and in different amounts of time. Our main goal is for children to have fun safely, while gradually learning more about swimming. Each instructor is knowledgeable of swimming and is certified in Lifeguarding, CPR, and First Aid. Most importantly, our instructors are passionate about teaching swim safety and enjoy kids. If you feel your child may need more attention, private lessons are available.

When coming to swim lessons, no matter the level, your child(ren) should have:

-swimsuit      -towel      -goggles

**To register for swim lessons please visit [hudsonvilleaquatics.com](http://hudsonvilleaquatics.com)** Click on Aquatic Program Registration on the far right.

Please email [hudsonvilleswimlessons@gmail.com](mailto:hudsonvilleswimlessons@gmail.com) with any questions.

## Level Descriptions

### Parent & Child

#### **6 Months ~ 3 Years**

Parents & children learn together to increase the child's comfort level in the water and build a foundation of basic skills. Arm and leg movements are introduced, along with blowing bubbles and balancing in the water. These fun-filled classes bring many smiles to toddlers' faces!

### Level 1

#### **Water Exploration: Beginners ~ Ages 3+**

Students learn to feel comfortable in the water and enjoy the water safely. Elementary swimming skills are taught, which children can further build upon as they progress through the levels.

In order to start in Level 1, the child must be able to be comfortable without a parent in the water.

## Level Descriptions Cont.

### Level 2

#### **Primary Skills: Advancing Beginners ~ Ages 4+**

Students continue to practice elementary skills, while trying to swim more and more with their faces submerged. Once this concept is understood and mastered, they are able to jump off the deep end and swim to safety, without a flotation device.

In order to start in Level 2, the child must be able to swim independently with flotation and put his/her face in the water.

### Level 3

#### **Swim Independently - Adv. Beginner ~ Ages 5+**

Students learn to coordinate the front and back crawl (freestyle & backstroke). An emphasis is put on swimming with their faces in the water, starting to breathe to the side.

In order to start in Level 3, the child must be able to swim independently with some flotation and with his/her arms coming out of the water & comfortable with his/her face in the water.

### Level 4

#### **Intro to Competitive Swimming Master of Freestyle & Backstroke ~ Ages 5+**

Students add to their learning and technique of the freestyle & backstroke, as well as build their endurance.

In order to start in Level 4, the child must be able to swim independently without flotation and, while swimming freestyle, breathe without lifting his/her head. Students who have successfully completed Level 4 are able to join the age group swim team, HEAT.

### Level 5

#### **All Four Strokes: Stroke Refinement ~ Ages 6+**

Students learn and work on all four strokes: freestyle, backstroke, breaststroke, and butterfly. An introduction to racing, starts, flip-turns, and open turns is given.

In order to start in Level 5, the child must be able to competitively swim 25 yards freestyle and backstroke.

## Swim Lesson Sessions & Times

Swim lesson levels are offered based on estimated demand. If a class you would like is full, please continue to sign up on the waitlist as another class may be added. Please email

[HUDSONVILLESWIMLESSONS@GMAIL.COM](mailto:HUDSONVILLESWIMLESSONS@GMAIL.COM) if you have any questions.

**Location:** [High School Instructional Pool](#)  
5037 - 32<sup>nd</sup> Avenue

**Cost:** \$50

**June 11 - 20**

**Monday thru Wednesday (6 days total)**

### Morning

10:15 a.m. - 10:45 a.m.

10:45 a.m. - 11:15 a.m.

11:15 a.m. - 11:45 a.m.

### Evening

5:30 p.m. - 6:00 p.m.

6:00 p.m. - 6:30 p.m.

**June 11 - 14**

**Semi-private Lessons - Monday - Thursday  
(4 days total)**

### Afternoon

2:15 p.m. - 2:45 p.m. **OR** 3:00 p.m. - 3:30 p.m.

**June 25 - 28**

**Semi-private Lessons - Monday thru Thursday  
(4 days total)**

### Morning

10:15 a.m. - 10:45 a.m.

10:45 a.m. - 11:15 a.m.

11:15 a.m. - 11:45 a.m.

### Afternoon

2:15 p.m. - 2:45 p.m.

3:00 p.m. - 3:30 p.m.

**July 9 - 12**

**Semi-private Lessons - Monday thru Thursday  
(4 days total)**

### Morning

10:15 a.m. - 10:45 a.m.

10:45 a.m. - 11:15 a.m.

11:15 a.m. - 11:45 a.m.

**July 16 - 19**

**Semi-private Lessons - Monday thru Thursday  
(4 days total)**

### Evening

5:30 p.m. - 6:00 p.m. **OR** 6:00 p.m. - 6:30 p.m.

**To register for swim lessons please visit  
[HUDSONVILLEAQUATICS.COM](http://HUDSONVILLEAQUATICS.COM)**

## Beginning & Advanced Diving

Beginners do not need to have previous diving experience. Must be able to proficiently swim for 25 yards unaided.

Advance diving prerequisites: Front Dive, Back Dive, Inward Dive, Reverse Dive, Twisting Group

**Location:** [Freshman Campus Competition Pool](#)  
3370 Allen St.

**Grades:** **3<sup>rd</sup> - 6<sup>th</sup>** - Beginning Dive

**7<sup>th</sup> and up** - Advanced Dive

**Cost:** \$80 - Beginning Dive

\$130 - Advanced Dive

**Days:** Monday through Thursday

will not dive during HEAT home meets

### **Beginner Divers**

**Dates:** June 11 - 28

**Times:** 8:00 a.m. - 8:45 a.m.

### **Advanced Divers**

**Dates:** June 11 - 28 & July 9 - 19

**Times:** 9:00 a.m. - 11:00 a.m.

**Deadline:** **June 8**

**To register for diving please visit  
[HUDSONVILLEAQUATICS.COM](http://HUDSONVILLEAQUATICS.COM)**

## Middle School Water Polo

This is a water polo camp that will focus on offensive and defensive fundamentals of the game. The camp is open to both Hudsonville residents and non-residents alike. Prior playing experience is preferred. This camp will be lead by our Varsity polo players and coaches.

**Location:** [Freshman Campus Competition Pool](#)  
3370 Allen St.

**Grades:** 6<sup>th</sup> - 8<sup>th</sup>

**Cost:** \$65

**Day:** Tuesday & Thursday

**Dates:** June 19, 21, 26, 28, July 10, 12, 17, 19

**Times:** 3:00 p.m. - 4:30 p.m.

**Deadline:** **June 18**

**To register for middle school  
water polo please visit  
[HUDSONVILLEAQUATICS.COM](http://HUDSONVILLEAQUATICS.COM)**

# HEAT Swimming - Summer 2018

HEAT is an age group competitive swim team. The four levels we provide encompass a variety of swimming abilities. In the summer practices are 3 - 5 times per week, with meets on Thursdays. Swimmers are able to participate in at least 3 dual meets and a championship meet each season as part of the registration cost. Invitationals and USA Swimming are options for all swimmers and provide added opportunities for competition at an additional cost.

## Swimmers with previous HEAT experience:

Register for the Level you participated in last season. If you wish to advance Levels contact your previous coach.

## Swimmers new to HEAT:

**MUST attend evaluation night on Monday, May 14 5:30 p.m. - 6:00 p.m. Be dressed in your suit & ready to swim.**

There is no need to register for evaluations. Simply be on deck at HHS pool and ready to swim at 5:30 p.m.

Results from the evaluations will be listed on the Hudsonville HEAT website by Sunday, May 20 2018. Swimmers may join HEAT at any time, but must be registered before practices begin.

## Level 1 (Developmental) 9:00 a.m. - 10:00 a.m.

Cost: \$195 or \$140 for those w/ 5 volunteer hours  
Practices begin May 29 Days: Monday - Thursday

Level 1 is for those that are new to our competitive swim program. Level 1 swimmers will learn the four swim competitive swim strokes (freestyle, backstroke, breaststroke, and butterfly). They will also learn proper breathing techniques, starts, and flip turns.

## Level 2 (Intermediate) 10:00 a.m. - 11:00 a.m.

Cost: \$195 or \$140 for those w/ 5 volunteer hours  
Practices begin May 29 Days: Monday - Thursday

Level 2 is for swimmers who can perform all 4 competitive strokes. Swimmers exhibit good knowledge of breathing techniques, starts, and flip turns. Level 2 will continue to refine strokes, increase endurance, and skill levels through higher intensity practices, and more challenging drill sets.

## Level 3 (Advanced) 8:00 a.m. - 10:00 a.m.

Cost: \$205 or \$160 for those w/ 5 volunteer hours  
Practices begin May 29 Days: Monday - Friday

Level 3 is for those swimmers who desire a more competitive swim experience. Swimmers in level 3 exhibit a hard work ethic at practice. Level 3 athletes are well versed in practice drills, and are able calculate set start times with the pool practice clock. Swimmers will continue to refine stroke technique in all 4 competitive strokes as longer and more frequent practices are offered for this level. Please read carefully of the level requirements. Any questions, please email the coach.

**To register for HEAT please visit  
[hudsonvilleaquatics.com](http://hudsonvilleaquatics.com)**

## **Level 4 (Senior Level)**

Cost: \$205 or \$160 for those w/ 5 volunteer hours  
Practices begin May 29 Days: Monday - Friday

Level 4 is for those swimmers who desire a challenging competitive swim experience. Athletes in level 4 exhibit an exemplary work ethic in and out of the pool. Swimmers in level 4 have an excellent knowledge of practice drills, and are able calculate set start times with the pool practice clock. Level 4 will be divided into Level 4 HS (those entering 9th - 12th grade) and Level 4 MS and below.

## **HEAT Meets**

June 9- Jenison Invite @ Jenison - Times TBD  
June 14- Dual Meet @ Byron Center - Times TBD  
June 21- Dual Meet @ Zeeland - Times TBD  
June 23- Zeeland Invite - Times TBD  
June 29- Hudsonville Invite - Times TBD  
July 12- Dual Meet @ Jenison - Times TBD  
July 17- 12 and Under A Meet @ Hudsonville - Times TBD  
July 18- 13 & Over A Meet @ Calvin - Times TBD  
July 19- 12 & Under B Meet @ Grand Haven - Times TBD

- Swimmers 18 years of age and under are able to participate in only 1 of the championship meets posted
- There is no additional charge for attending any of the dual and championship meets, there will be a meet entry fee per event for any invitationals (Zeeland and Hudsonville)
- The Full Long-course meet schedule will be posted on our website for our USA only swimmers.

## **USA Swimming**

**Early registration:** \$100 if you swam winter USA or \$175 if new to USA

Practices begin on May 1 Days: Mon - Fri until May 25  
After May 25, they will participate in their own HEAT Level practices, and additional practice times following the HEAT season.

**Late Registration:** \$90 if you swam winter USA or \$160 if new to USA Practices begin June 11

USA swimmers will participate in their own HEAT Level practices, and additional practice times following the HEAT season.

No limit on the number of participants.

Further information about HEAT or USA swimming, please visit our website [hudsonvilleaquatics.com](http://hudsonvilleaquatics.com).

Click on the HEAT Swim Team Tab or email [ikobes@hpseagles.net](mailto:ikobes@hpseagles.net)

